



## California Institute for Mental Health Center for Multicultural Development

### TRAINING ANNOUNCEMENT

Los Angeles County Department of Mental Health in partnership with  
The California Institute for Mental Health

*Presents*

### Introduction to Mental Health and Spirituality

**Lead Trainer: Jim Hurley, MFT**

**Co-Trainers: Belanie Brown, Helena Ditko, Keren Goldberg, Art Gomez,  
Theion Perkins and Cathy Williamson**

**Tuesday, May 22, 2012 8:30 AM – 4:45 PM**

**Sheraton Pasadena Hotel  
303 Cordova, Pasadena, CA 91101**

**Parking: \$9/ day**

**Wednesday May 23, 2012 8:30 AM – 4:45 PM**

**Radisson Hotel Whittier  
7320 Greenleaf Ave, Whittier, CA 90602**

**Parking: Complimentary**

**NO COST to register. To fill out the online registration form - go to [www.CiMH.org](http://www.CiMH.org) and click on Conferences & Training Calendar. Continuing Education Units (CEUs) are offered for LCSWs, RNs, MFTs & CAADAC**

#### **PURPOSE:**

The intention of this training is to introduce the connection between mental health and spirituality and begin a dialogue with mental health providers about the assessment and integration of spiritual interests of clients in their wellness and recovery.

Research and surveys have demonstrated the importance of spirituality in the lives of consumer & family members. This training is the first in a series to educate DMH staff and contractors to assess and integrate spiritual interests of clients into their wellness and recovery.

This introductory training is a prerequisite for the Intermediate and Advanced trainings for licensed staff that will be offered after June 30, 2012.

#### **LEARNING OBJECTIVES:**

*As a result of this training participants will be able to:*

- Understand how spirituality offers comfort or value for some individuals diagnosed with mental illness.
- Articulate the interconnectedness of culture, spirituality and religion as part of cultural competency and wellness/recovery.
- Describe concerns that may arise when addressing spirituality, demonstrate strategies to move past concerns when appropriate, and integrate the client's spirituality into recovery support services.
- Understand and interpret the LACDMH's 4.15 Parameters for Spiritual Support.

#### **Who should attend:**

This training is open to both LACDMH staff and contract agency staff; managers of mental health programs, supervisors in mental health programs, staff involved in direct services (including licensed & paraprofessionals), peers and family/parent advocates.

For content information - please contact:  
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